

SALADS

Add Turkey or Bacon or Chicken \$3.95
Add Soy Chicken or Shrimps \$4.95

Oriental Salad \$9.45

romaine & iceberg lettuce, bell peppers, scallion, almond, crispy noodle, mandarin orange with a side of oriental dressing

Classic Caesar Salad \$8.45

romaine & iceberg lettuce, Parmesan cheese, croutons, with a side of Caesar dressing

Cobb \$9.95

romaine & iceberg lettuce, tomatoes, bacon, avocado, crumbled blue cheese, egg with a side of blue cheese dressing

Chopped Salad \$10.95

romaine & iceberg lettuce, tomatoes, scallions, cheddar, turkey, ham with a side of ranch dressing

Greek Salad \$9.45

romaine & iceberg lettuce, kalamata olives, cherry tomatoes, cucumber, red onions, parsley, feta cheese with a side of balsamic dressing

House Salad \$9.95

mixed greens, honey roasted walnuts, green apples, grapes, strawberries, crumbled blue cheese with a side of balsamic dressing

Garden Salad \$8.00

romaine & iceberg lettuce, tomatoes, cucumbers, carrots with a side of Italian dressing

Southwestern Tostada \$8.95

pitted olives, tomatoes, cheddar cheese with a side of ranch dressing

Garbanzo Kale Salad \$9.45

chopped baby kales, garbanzo bean, cherry tomatoes, carrots, red onions tossed in our olive lemon dressing

Spinach Feta Salad \$9.95

spinach, cherry tomatoes, cucumber, roasted walnuts, feta cheese with a side of balsamic dressing



BREAKFAST

Breakfast seres from 6:30am to 11am



Breakfast Burrito \$7.65

eggs, cheese, hash brown & your choice of bacon or sausage or soy chorizo, and a side of salsa

Bagel Sandwich \$7.95

eggs, cheese, tomatoes with your choice of ham or bacon

Ham & Cheese Croissant \$6.95

Protein Bowl \$7.95

eggs, cheese, bacon, sausage & a side of salsa

Mediterranean Wrap \$7.95

eggs, spinach, onions, tomatoes, feta & a side of salsa

Build Your Own Omelet \$9.45

choose any 3 items: cheese, sausage, mushrooms, bacon, bell peppers, tomatoes, ham, potato, onions, spinach. Serves with your choice of toast

Vegan Mix \$8.95

bell peppers, mushrooms, onions, potato, tofu with soy chorizo

Breakfast Plate \$7.95

2 eggs any style, potatoes, with your choice of bacon or sausage & toast

Breakfast Sandwich \$7.45

scrambled eggs, cheddar, bacon on toasted whole wheat

Avocado Pesto Toast \$6.95

smashed avocado, mayo pesto, boiled egg on a rye toast

Oatmeal \$5.95

serves with milk, brown sugar and raisin. Add banana +1.00; strawberries \$1.75

SMOOTHIES



Upgrade to 20zoz for \$.75

Wildberry or Strawberries \$5.95

blended with milk and ice

Peach or Banana or Mango \$5.95

blended with milk and ice

Pineapple Coconut \$6.45

pineapple blended with coconut juice, orange juice and ice

Mango Guava Madness \$6.45

mango, guava blended with orange juice and ice

Zoomer \$6.75

banana, pineapple blended with milk, honey & ice

Tropical vacation \$6.95

strawberries, banana, acai blended with apple juice & ice

Nutty Yummy \$7.45

acai, banana, strawberries, peanut butter blended with choc almond milk & ice

COFFEE & TEA

Sub soy or almond \$0.85



Drip Coffee

Cafe Latte

Flavor Latte

Mocha

White Choc Mocha

Cappuccino

Americano

Dopio

Hot Tea

Hot Chocolate

Chai Tea (Spice or Vanilla)

Cafe Fantasia espresso, steamed milk, chocolate, orange torani & cinnamon

Cafe Mexicano coffee, steamed milk, chocolate, cinnamon, nutmeg

Cafe Viennese espresso, steamed milk, vanilla torani, cinnamon

Caramel Macchiato espresso, steamed milk, vanilla torani, caramel sauce

BLENDED FRAPPE

Blended Coffee or Mocha

Blended Vanilla

Blended Chai (Spice or Vanilla)

Blended Caramel

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538 Superior Ave
Newport Beach CA 92663

Special Events Upon Request

DELI SANDWICHES

Choice of bread: white, wheat, rye, sourdough, squaw
Add a side: pasta, potato salad, fruit or salad \$2.95;

Smoked Turkey \$7.75

provolone, lettuce, tomatoes, mayo, mustard

Roast Beef \$7.75

cheddar, lettuce, tomatoes, mayo, mustard

Hickory Ham \$7.75

Swiss cheese, lettuce, tomatoes, mayo and mustard

Tuna Salad Sandwich \$7.95

house made tuna with lettuce, tomatoes, mayo

House Chicken Salad \$7.75

house made chicken salad, lettuce, tomatoes, mayo

Egg Salad \$6.95

house made egg salad, lettuce, tomatoes, mayo

WRAP SANDWICHES

Add a side: pasta, potato salad, fruit or salad \$2.95
Substitute soy chicken +2.50

Turkey Wrap \$8.95

turkey, provolone, pepperoncini, avocado, red onions, tomatoes, lettuce, pesto

Chicken Caesar Wrap \$8.95

chicken, parmesan cheese, lettuce, Caesar dressing

Tuna Salad Wrap \$8.95

house made tuna salad, lettuce, tomatoes, mayo

Chicken Salad Wrap \$8.95

house made chicken salad, with lettuce, tomatoes, mayo

Spinach & Artichoke Wrap \$8.95

Artichokes, provolone, roasted bell peppers, spinach, pesto

Veggie Wrap \$8.95

lettuce, tomatoes, cucumbers, sprouts, avocado, provolone and pesto

Buffalo Chicken Wrap \$9.45

chicken, buffalo sauce, ranch, lettuce, tomatoes, cheddar

BBQ Chicken Wrap \$9.45

chicken, BBQ sauce, lettuce, tomatoes, Jack cheese

Club Wrap \$9.75

sliced ham and turkey, bacon, Jack cheese, lettuce, tomatoes, mayo

GOURMET SANDWICHES

Add a side: pasta, potato salad, fruit or salad \$2.95;

Turkey Club \$8.95

turkey, bacon, tomatoes, lettuce on toasted white bread

Chicken Club \$9.25

chicken, bacon, tomatoes, lettuce, provolone, mayo on toasted white

Gourmet Veggie \$8.25

provolone, roasted sweet Italian peppers, tomatoes, cucumbers, sprouts, lettuce, pesto

B.L.T. \$8.45

bacon, lettuce, tomatoes, mayo on toasted sourdough

Grilled Chicken Pesto \$9.45

Grilled chicken breast, Swiss, lettuce, tomatoes on grilled French roll

Meatball Sub \$8.95

homemade Italian meatballs with Provolone cheese on grilled French roll

Bánh Mì \$8.95

our version on the popular Vietnamese sandwich with chicken, sriracha aioli, housemade pickles, cucumber, cilantro, jalapenos on a grilled French roll

Chipotle Chicken Ciabatta \$9.45

chicken, mozzarella, bell peppers, onions, mix greens with Chipotle sauce on grilled ciabatta

Monterey Chicken \$9.45

Chicken, bacon, Jack cheese, lettuce, tomatoes, onions, pesto on a grilled French roll

Philly Cheese Steak \$9.95

top sirloin grilled with mushrooms, onions, bell peppers, mozzarella cheese on a grilled French roll

PANINI SANDWICHES

All panini sandwiches are on pressed sourdough
Add a side: pasta, potato salad, fruit or salad \$2.95;

Turkey Panini \$8.95

turkey, provolone, tomatoes, pepperoncini, onions, pesto

Chicken Panini \$9.25

Chicken, provolone, tomatoes, roasted red peppers, pesto

Roast Beef Panini \$8.95

roast beef, cheddar, grilled onions, Dijon

Pastrami Panini \$9.45

Pastrami, Swiss cheese, tomatoes, onions, Dijon

Monterey Ranch Panini \$9.65

chicken, tomatoes, bacon, jack cheese, ranch dressing

Tuna Melt \$8.95

house made tuna salad with melted cheddar and Dijon

Ham Panini \$8.45

ham, Swiss cheese, roasted red peppers, red onions, Dijon

Veggie Panini \$8.95

roasted eggplant, zucchini, sweet peppers, grilled onions, mozzarella cheese

Greek Panini \$8.75

roasted red peppers, tomatoes, feta cheese, lettuce, onions, pesto

Grilled Cheese \$6.95

melted cheddar and Swiss cheese



BURGERS

Serves with baked fries

Mushroom & Onion Burger \$10.95

mushrooms, grilled onions, cheddar, lettuce, tomatoes, pickles, 1000 dressing

Bacon Avocado Burger \$11.95

swiss, bacon, avocado, lettuce, tomatoes, 1000 dressing

Fire Burger \$11.95

jack cheese, grilled onions, fresh jalapeno, roasted bell peppers, house made guacamole spread

Veggie Burger \$10.95

provolone cheese, tomatoes, sprouts, 1000 dressing

HOUSE SPECIALTIES

Chicken Shish Kabob \$11.95

char broiled chicken, bell peppers, tomatoes, onions, with rice, pita bread, tatziki

Easy Salsa Burrito \$9.95

chicken, beans, cheddar cheese, rice, served with side of nacho chips & a side of salsa

Nachos \$8.95

nacho chips, tomatoes, cheddar, beans, jalapenos, sour cream and a side of salsa

Spring Rolls \$9.95

chicken, crispy noodles, cilantro, cucumbers, bean sprouts with dipping sauce (substitute shrimps +2.50)

Teriyaki Bowl \$9.95

grilled chicken breast, mixed vegetables over rice, with a side of Teriyaki sauce

Vegan Bowl \$10.95

grilled soy chicken with tofu, zucchini, kale & bell peppers over rice

Southwest Steak Bowl \$11.45

steak, beans, tomatoes, shredded cheese over rice, with creamy jalapeno guacamole sauce

Meat Lasagna \$8.95

ground beef layered with Ricotta cheese and marinara sauce, served with garlic bread

Baked Potato \$8.95

with butter, shredded cheddar, scallions, sour cream, chili; served with side salad and ranch dressing

Spaghetti with Meatballs \$9.95

with marinara sauce, shredded cheese, served with side of garlic bread

